

2019 JUNIOR LIFEGUARD PROGRAM APPLICATION
(Please Print Legibly)

PARTICIPANT INFORMATION:

Name (Participant's) _____ Age as of 6-24-19 _____ BOY / GIRL

Home Address _____ City _____ Zip _____

Home Phone _____ Birthdate _____

Contact Parent Email Address: _____

Medical Conditions that may affect participation _____

Any medications _____ Any allergies _____

EMERGENCY CONTACTS:

Parent/Guardian Name _____ Home Ph: _____ Work Ph: _____

Parent/Guardian Name _____ Home Ph: _____ Work Ph: _____

Other Name _____ Phone _____ Relationship _____

Other Name _____ Phone _____ Relationship _____

AUTHORIZATION FOR MEDICAL TREATMENT OF A MINOR

In accordance with Chapter 1524, Section 25.8 of the California Civil Code, I (We) _____
(parents), give Authorization to a physician or surgeon, licensed under the provisions of the Medical Practice Act for
_____ (Junior Lifeguard), to receive medical care and/or emergency treatment when
necessary. Any expenditures incurred for care and treatment is my responsibility.

Medical Insurance Company _____ **Policy Number** _____

Parent/Guardian (signature) _____ **Date** _____

JUNIOR LIFEGUARD PICK-UP AGREEMENT

I understand that the JG Program regular day ends at 12:00pm. I further understand that the JG Instructors' day is done at 12:30pm. I understand that my JG(s) must be picked up by 12:10pm and I am agreeing to do it.

Parent/Guardian (signature) _____ **Date** _____

PLEASE READ AND SIGN BOTH SIDES

BRING WITH YOU TO TRYOUT DAY AT SINSHEIMER POOL

Waiver, Release and Assumption of Risk

(Read This Form Before Signing)

In consideration of the participation of _____ (“participant”) in the Avila Beach Junior Lifeguard Program, and with the complete understanding that participant shall take a physical test of swimming skill and will engage in various activities on the beaches and in the waters of the Pacific Ocean and Avila Beach, I (We), the undersigned, (father and/or mother and/or guardian) of participant, a minor, agree and acknowledge as follows:

1. Participation in the Junior Lifeguard Program is voluntary.
2. The participant is in good health and able to participate in the Junior Lifeguard Program without restrictions.
3. Participant assumes all risks associated with participation in the Junior Lifeguard Program.
4. There is a real possibility that participant could be seriously injured while participating in the Junior Lifeguard Program.
5. The ocean is a natural condition with inherent risks to your child. A fatal shark attack occurred in the waters of Avila Beach in August, 2003.

The Junior Lifeguard Program provides trained personnel to train and instruct your child. However, the ocean is a natural condition with inherent risks to your child’s safety. Those risks include, without any limitation, physical injury and drowning. Also, your child will be swimming in the area of a fatal shark attack that occurred in August, 2003. Since that attack there have been confirmed and unconfirmed sightings of a great white shark in the water off Avila Beach.

With a complete understanding of the foregoing, the undersigned hereby releases, discharges and holds harmless the Avila Beach Junior Lifeguard Program, Port San Luis Harbor District, Pale Kai Outrigger Canoe Club, Hui Wa’a Outrigger Canoe Club, State Lands Commission and the State of California and their respective officers, agents, employees, consultants, contractors, related entities, and assigns (referred to as the “Released Entities”) of any injuries, death or damage whatsoever to person or property arising out of, or in any way related to, participation in the Junior Lifeguard Program operated by Avila Beach Junior Lifeguard Program, or use of and services, facilities, or equipment of Avila Beach Junior Lifeguard Program, or Port San Luis Harbor District, and also all claims or rights of action for damages which participant has, or may hereinafter have, either before or after he/she had reached his/her legal age (18 years old), resulting or to result from or in connection with participation in and /or arising out of travel to or returning from the Junior Lifeguard Program.

I further agree that neither my child nor I will pursue any claims or causes of action against any third parties that might give rise to a claim or cause of action being asserted, by that third party, against any of the Released Entities. I further agree to indemnify, defend and hold harmless each of the related parties for any loss or ability arising from or in connection with a third party claim against the Released Entities related to or arising from the matters released in this Waiver, Release and Assumption of Risk.

This Waiver, Release and Assumption of Risk affects the legal rights of you and your child. It will result, among other things, in waiving any rights you or your child may have to pursue claims for damages or injuries related to participation in the Avila Beach Junior Lifeguard Program.

Please Read this document carefully. By Signing, you will be deemed to have read and understood this release and assumption of risk in its entirety.

Date _____ Parent/Guardian (signature) _____

PLEASE READ AND SIGN BOTH SIDES

BRING WITH YOU TO SINSHEIMER POOL ON REGISTRATION / TRYOUT DAY

2019 AVILA BEACH JUNIOR LIFEGUARD PROGRAM

(June 24th – July 26th)

Title Sponsors:

• Port San Luis Harbor District • Avila Beach Community Foundation

THE PROGRAM

- Provides training in water safety, beach and ocean dynamics, ocean swimming, lifeguarding, rescue techniques, physical training, first aid, CPR, body surfing, and canoeing.
- Develops teamwork skills and fitness.
- Teaches discipline and sportsmanship.
- All instructors are experienced lifeguards certified in accordance to the United States Lifesaving Association standards (USLA).

GENERAL INFORMATION

- Program open to boys and girls of San Luis Obispo county.
- **Ages 10-17 years.**
- **200** paid participants.
- Monday – Friday, 9am – 12pm.
- Many Fridays are all day (competitions).
- **Cost \$450**
- Cost includes – five weeks instruction, boardshorts, t-shirt, JG patch, sweatshirt, competition beanie, bag, and much more.

A GROUP INFORMATION

- * This year the A group (14-17 year olds) will be run in an academy format. This means more discipline, lectures, tests, competition, etc. Our goal with this is to better train our oldest group to hopefully one day become Lifeguards.
- ** The “TOP 4” fifteen/sixteen year olds will have first priority to work in the summer of 2019 as JG Aids for our program. “Top 4” will be based on the combined scores of all activities from this summer.

OTHER INFORMATION

- On August 19, 2003 a fatal shark attack occurred in Avila Beach. While there is always risk associated with ocean activities the following measures have been put in place to reduce the risk of injury:
 1. In the event of abnormal marine activity, or marine activity above the norm in the vicinity of Avila Beach, the program on that day will not involve water activities.
 2. The Junior Lifeguard Program will be cancelled if a shark incident occurs one month prior to the start of the program or anytime during the program. A prorated refund will be in effect if such an incident should occur.

REGISTRATION

- **ALL REGISTRATION WILL TAKE PLACE AT THE TRYOUT SITE. DO NOT MAIL ANYTHING IN.**
- Bring registration form and cash or check with you to the tryout. You will not be allowed to tryout without them!
- **The first 200 that turn in the registration form, pay, and pass the required swim time are in.**
- **Check made payable to Avila Beach Junior Lifeguards or cash for \$450.**

TRY-OUTS

- #1 – April 7, 2019 from 2-4 pm @ Sinsheimer Pool
* **This tryout date is For RETURNERS & SIBLINGS ONLY.**
- #2 – April 28, 2019 from 2-4 pm @ Sinsheimer Pool
* **This tryout date is OPEN FOR EVERYONE.**
- #3 – May 5, 2019 from 2-4 pm @ Sinsheimer Pool
* **This tryout date is OPEN FOR EVERYONE.**
- * **All those after the 200 mark will be put on a waiting list.**

REQUIRED SWIM TIMES

- All applicants must pass a 100 yard swim test within the required time limit:
 - 14-17 year olds – 1 min. 40 seconds or less
 - 12-13 year olds – 2 min. or less
 - 10-11 year olds – 2 min. 20 seconds or less

Practicing the timed swim prior to the tryout date is highly recommended!

Contact Phillip Toriello at (805) 704-9237 for JG Boot Camp Info or contact your local swim club – pool for practice times and/or open lap swim times.

Speedos – due to a variety of reasons we will not be purchasing speedos for the JG’s any longer. We have established a relationship with GH Outlet in SLO. Avila JG’s will receive 20% off all swimwear and 10% off all merchandise in the store. Please purchase black, red, or navy colored suits. More info at <http://avilabeachjuniorguards.org/>

For more information text/call Russ Edwards at (805) 440-4621, or email: Russell.edwards@lmusd.org